

## PERIODS OF PAIN.

Menstruation, the balance wheel of woman's life, is also the bane of existence to many because it means a time of great suffering.

While no woman is entirely free from periodical pain, it does not seem to have been nature's plan that women otherwise healthy should suffer so severely. Lydia E. Pinkham's Vegetable Compound is the most thorough female regulator known to medical science. It relieves the condition that produces so much discomfort and robs menstruation of its terrors. Here is proof:

DEAR MRS. PINKHAM:—How can I thank you enough for what you have done for me? When I wrote to you I was suffering untold pain at time of menstruation; was nervous, had headache all the time, no appetite, that tired feeling, and did not care for anything. I have taken three bottles of Lydia E. Pinkham's Vegetable Compound, one of Blood Purifier, two boxes of Liver Pills, and to-day I am a well person. I would like to have those who suffer know that I am one of the many who have been cured of female complaints by your wonderful medicine and advice.

—Miss Jessie R. Miles, Leon, Wis.  
If you are suffering in this way, write to Miss Miles at Mrs. Pinkham at Lynn, Mass., for the advice which she offers freely to all who write to her.

### A Truthful woman.

Counsel: "What is your age, madam?"  
Witness: "Forty-seven, sir."

Counsel: "Married or single?"  
Witness: "Single. I never had an offer of marriage in my life, and if it is of any interest to the Court, I don't mind saying that I have worn false hair for nearly thirty years."

Counsel: "Hem! That is all, madam. There is no use trying to shake the direct testimony of so truthful a woman as you are."

### Sent Free to All.

The John M. Smyth Company, 150 to 166 West Madison street, Chicago, is the largest household furnishing establishment in the world. Their immense and beautifully illustrated catalogue, showing style and quality of all kinds of furniture, carpets, bicycles, sewing machines, china, lace curtains, office and church furniture, is sent free on application. This great catalogue not only illustrates the styles and quality, but gives prices for all articles as well. It should be in every family.

### Helping the church.

There is something inexplicable in the attitude of some women in moderate circumstances regarding their financial duty to the church. "Let the rich contribute, I can't afford it," says the woman who spends 50 cents for a buckle, a quarter for bonbons and throws a penny into the collection box. It would be amusing if it were not so shocking, to note the richly gowned, jaunty milliner, daintily gloved young person who has nothing but a dirty little copper to offer in the house of God. The widow's mite is never a despicable thing; the small coin of poverty is a generous proportion of her all, but the really indigent woman is not adorned in fashionable attire. A poor washer-woman would be ashamed to give the miserable offering so unblushingly handed out by many a fine-plumaged dame and demoiselle.

A new novel by George Gissing, called "The Town Traveler," describes the experiences of a London "drummer." The adventures are complicated with a love story.

### \$100 Reward.

The reader of this page will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, it requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly on the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative power, that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address, F. J. CHENEY & CO., Toledo, O. Sold by Druggists.

Alexander Black, author of "Miss Jerry" and "A Capital Courtship," is writing a new novel, to be called "Miss America."

"A Perfect Type of the Highest Order of Excellence in Manufacture."

Walter Baker & Co.'s

Breakfast

Cocoa

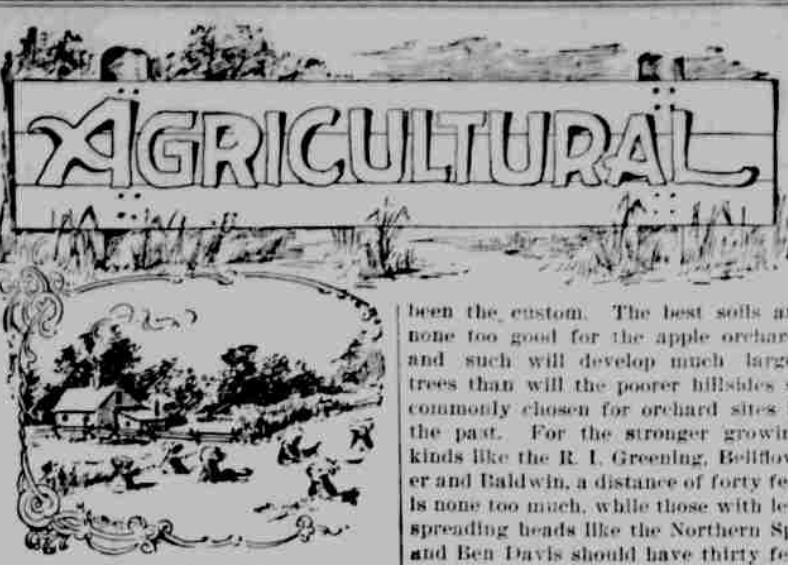
Absolutely Pure, Delicious, Nutritious.

Costs Less Than ONE CENT a Cup.

Be sure that you get the Genuine Article, made at DORCHESTER, MASS. by

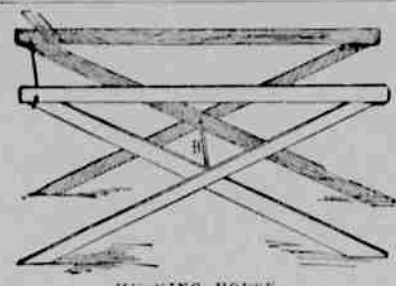
WALTER BAKER & CO. Ltd.

Established 1796.



### Corn-Husking Horse.

The horse is made of light material. The cut explains itself. The rung B should be 14-inch stuff, put in with shoulders cut down to 1 inch where it goes through the legs. The rung is put down so the ears of corn will not catch when pulled forward. Corn-husking makes lame backs and sore hands. The horse will help the back and the following recipe will help the hands: Take white wax, one-quarter ounce, spermaceti, one-quarter ounce; almond oil, one ounce; glycerine, two ounces. Mix, melt the wax and stir in the oils until they are perfectly mixed and still.



continue to stir until cool. Apply to the hands two or three times a day. Wash the hands in warm water and apply the salve while the hands are still quite damp, and rub them until dry. —Ohio Farmer.

### Cattle Dipping.

At a meeting recently by the Texas State Live Stock Sanitary Board, at Fort Worth, Inspector Dean, of the Bureau of Animal Industry, said the department was satisfied with the dipping experiments recently made there and elsewhere, and insisted on maintaining the present quarantine line and a close season. He says dipping stations will shortly be established along the quarantine line. Inspector Dean reported satisfactory results attending the cattle recently dipped and shipped to Illinois. He advised dipping in moderate weather in order to avoid the effect of exposing the cattle to either heat or cold while their hair was saturated with the oil. The formula of the preparation which he recommends, and which has been adopted by the Government, consists of paraffin oil, known as dynamo and sulphur.

### Wagon-Washing Device.

On many farms it is possible to wash the carriages and farm wagons by backing them into a stream or shallow river. The conveniences of the location are usually offset by the inconveniences—mud, and the wetting of clothes. The cut shows a plank walk, set on posts on the edge of the stream, into which the wagon can be backed, when it can be washed with great com-



### Farm Accounts.

Close up all the little outstanding farm accounts. Make a list of the bills you owe, and the amounts owing to you. These little bills in the aggregate amount to a large sum. Make a settlement if you can; if you cannot, get the full amount of your bill; it is always best to know exactly what you owe, and it is very bad policy to keep a running account—unless a settlement is made every month. Farmers are unusually careless in their money transactions; the only safe way is to keep a strict account of all outlays. Pay as you go, and take a written receipt for every bill paid. These bills should be pasted in a book kept for this one purpose. This work should be done every evening. It is not selfish to be correct in your dealings, nor parsimonious to be economical. —The American.

### Winter Ration for Fowls.

Here is Prof. Gilbert's winter ration: Bran, 3 pounds; fine feed, 3 pounds; cornmeal, 2 pounds; fed with clover hay steamed and cut, adding also a very small quantity of salt, and two or three handfuls of coarse sand and fine oyster shells mixed. Sometimes boiled vegetables are used in place of the hay. At noon he gives a light feed of oats, and a good feed of wheat in the evening. The grain ration is varied as much as possible. He keeps raw vegetables, including cabbages, carrots and turnips, where the hens can peck at them at any time. Prof. Gilbert has charge of the poultry department at the Ottawa (Canada) experiment station, and has done some good work in bringing out the egg possibilities of hens. —Agriculturist.

### Distance for Apple Trees.

Apple trees should be planted at wider distances apart than has usually

been the custom. The best soils are none too good for the apple orchard, and such will develop much larger trees than will the poorer hillside soils commonly chosen for orchard sites in the past. For the stronger growing kinds like the R. I. Greening, Bellflower and Baldwin, a distance of forty feet is none too much, while those with less spreading heads like the Northern Spy and Ben Davis should have thirty feet space each way. This assumes that the orchards are regularly to be cultivated, a practice that now prevails in all good orcharding. —Vick's Monthly.

### Care of Tomato Plants.

Tomatoes may be forced in winter like other plants. The house should be light and warm, the roof five feet above the bed or benches, plenty of light being essential. The temperature should be from 60 to 65 degrees at night and 70 to 80 degrees during the day; the soil to be rich, and close personal attention should be given the plants. The flowers must be pollinated by hand in winter, which is done by knocking the pollen from the flowers when the atmosphere is dry and catching it in a spoon into which the stigma should be thrust. The plants should be well watered as required, instead of at intervals, and should be trained to stakes, the surplus branches cut away. They may be also grown in large pots or boxes.

### The Sheepfold.

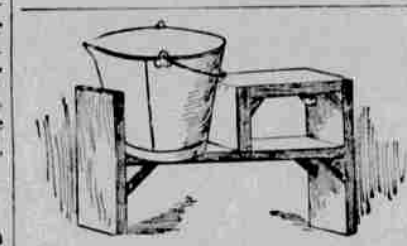
The fine wool breeds of sheep are most subject to foot rot. Perhaps the best way to treat it is to cut off the diseased portion and apply ultric acid.

Sulphur should be kept in ready reach in the sheep house; insects and vermin do not like it, and it is preventive of many ills. Further, a piece of red brimstone should be found in the feed troughs of the horses and the cattle.

Many of the internal parasites which cause losses in the flock are taken in while watering at foul drinking places. Unless the water supply is watched carefully, there is likely to be at least a loss of condition among them, if there is no more serious loss. —Indiana Farmer.

### A Milking Stool.

The accompanying sketch is of a milk stool that was found to be very convenient in fly time or in milking restless cows. The two upright pieces forming the legs and end of the stool



are made of two by fours, about a foot long. The support for the bucket and the seat are made of inch boards. It is well to put three-cornered blocks under the seat and bucket boards as stays or braces. The most restless cow cannot upset a bucket on this stool. —New England Homestead.

### Paint Against Rabbits.

At butchering time or by a visit to the local butcher, secure a quantity of blood. Set it away until it begins to emit an odor. Then lime, which has been thoroughly slaked, should be mixed with the blood, stirring it until about the thickness of whitewash. A little sulphur may be added.

To apply to trees, take an old whitewash brush and cover all parts which the rabbits can reach with the mixture. They will not trouble a tree treated in this manner. One painting will last a season, and it is much easier to put on than winding with paper or covering trunks in any other way, besides being more effectual. The lime in the mixture also is beneficial to the trees. —Orange Judd Farmer.

### Labor-Saving.

Labor-saving implements and labor-saving animals on the farm should be the rule. There is only a certain amount of butter and milk to be derived from a bushel of grain, and there is no more reason for feeding that bushel to three cows instead of to one than to use three horses to do the work of one. If one cow can produce all the butter in a bushel of grain it is certainly expensive to feed three cows, and thereby add to the expense of food, labor and shelter. Breed is the most important factor in stock raising, because it enables the farmer to use labor-saving animals—labor saving because they reduce his labor and also give him an increased product.

### Dressing Fowls.

The Massachusetts Ploverman thinks that in dressing poultry Americans have considerable to learn from the French. Not only do the French poulterers know how to stuff the fowls to get a plumper carcass, but they will also mold and manipulate the fowl after killing until it looks almost good enough to be eaten without further preparation. American markets might not yet appreciate so much care and attention to the appearance of dressed fowls, but it is well known that carcasses prepared with the greatest care by American methods always bring the best price.

To protect passengers from the exportation of cabmen in Havana the lamp posts are painted in various colors—red for the central district, blue for the second, green for the third, etc.



## THE EXCELLENCE OF SYRUP OF FIGS

is due not only to the originality and simplicity of the combination, but also to the care and skill with which it is manufactured by scientific processes known to the CALIFORNIA FIG SYRUP CO. only, and we wish to impress upon all the importance of purchasing the true and original remedy. As the genuine Syrup of Figs is manufactured by the CALIFORNIA FIG SYRUP CO. only, a knowledge of that fact will assist one in avoiding the worthless imitations manufactured by other parties. The high standing of the CALIFORNIA FIG SYRUP CO. with the medical profession, and the satisfaction which the genuine Syrup of Figs has given to millions of families, makes the name of the Company a guaranty of the excellence of its remedy. It is far in advance of all other laxatives, as it acts on the kidneys, liver and bowels without irritating or weakening them, and it does not gripe nor nauseate. In order to get its beneficial effects, please remember the name of the Company—

### CALIFORNIA FIG SYRUP CO.

SAN FRANCISCO, CAL.  
LOUISVILLE, KY. NEW YORK, N. Y.

Telegraphs in the United States. This country has 1,000,000 miles of telegraph wires—enough to reach forty times around the globe.

Mrs. Winslow's Soothing Syrup for children teething, softens the gums, reduces inflammation, allays pain, cures wind colic. The bottle will not be sent for less than 25 cents.

WANTED: Case of bad health that HEPATICA will not benefit. Send 3 cents to Ripans Chemical Co., New York, for 10 samples and 100 testimonials.

Mrs. Ingersoll's Experience.

A good story is told of the wife of Col. Robert Ingersoll. She was recently spending an evening with a friend. About eight o'clock, after ineffectually attempting to soothe several yawns, Mrs. Ingersoll apologized as follows: "You really must excuse me, but you know, dear, that I have accompanied the colonel on a recent secure tour and have in consequence got into the habit of falling asleep at about eight o'clock every evening."

A man may forget home, kindred, friends and almost everything else, but he never forgets the first time he went into a barber shop to get a shave.

There is only one genuine Diamond "C" Soap. See that the name is on the wrapper.

A tin factory situated on Subo Brani, an island in the Bay of Singapore, turns out monthly 1,200 tons of tin more than the product of Cornwall and more than that of Australia.

Like Oil Upon Troubled Waters is the influence of Hall's History of Horchond and Tar upon a cold. Pike's Toothache Drops Cure in one Minute.

### Patriotic and Sentimental.

The prettiest and most poetic of all the patriotic badges has just been issued. It consists of an interlaced triple true lover's knot in red, white and blue, and is supposed to be given by a soldier to his betrothed, or vice versa. The cord is of fine non-corrosive wire wrapped with colored silk thread, and is intended to stand the roughest usage.

When a politician says nothing but saws wood it can generally be assumed he intends if possible to get more than board out of it.

Piso's Cure for Consumption has saved me large doctor bills. G. L. Baker, 423 Regent Sq., Philadelphia, Pa., Dec. 8, '96.

It's enough to discourage the fool killer when he looks around and sees how far behind he is with his work.

A catalogue of 300 prizes, suitable to every taste and condition, mailed on inquiry. Prizes given for saving Diamond "C" Soap wrappers. Address Cudahy Soap Works, South Omaha, Neb.

Glass eyes are now made with such perfection that the wearers themselves can't see through the deception.

Sweet and clean are clothes washed with Diamond "C" Soap.

Miss Parlos has written a book on household matters called "Home Economics."

To Cure a Cold in One Day Take Laxative Bromo Quinine Tablets. All druggists refund the money if it fails to cure. 25c. The genuine has L. B. Q. on each tablet.

Indianapolis painters were locked out because they boycotted a firm that employed men who owed the union money.

### Is It Profitable?

To devote an entire day in getting to St. Joseph or Kansas City, when the trip may be comfortably made during the night via the St. Joseph & Grand Island Ry? Chair cars (seats free) and Pullman Palace Sleepers are run on all night trains.

Gravity may be the greatest force in nature, but even that is hardly sufficient justification for perpetually wearing a long face.

### Loaded Down.

The air is loaded down with pains and aches, and some systems take them in like a sponge. St. Jacobs Oil rubbed in will take the pain away and leave a cure.

VITANOR Cures promptly any case of Rheumatism. Send only 25c. for money order or 10c. for sample. Write: Box 977, Buffalo, N.Y.

## SEND TWENTY-FIVE CENTS

To: Hanson Rheumatic Cure Co., 167 Dearborn Street, Chicago, Ill.

And they will send you by return mail a sample bottle of their wonderful remedy "5 DROPS," which in the short space of three years has proven itself to be the greatest and most effective remedy in the world for curing those terrible diseases, Rheumatism, Neuralgia, Asthma, Catarrh and all similar afflictions, while for La Grippe, which is carrying off so many of our good citizens at the present time, it has been found to be a positive cure as well as a preventive, and moreover it prevents the after effects of this dread disease, which in most cases leaves some chronic complaint behind it. Reports of the almost miraculous cures by this powerful yet harmless remedy are coming in to their office in almost constant stream from the North, South, East and West. It is good alike for young and old and performs its wonderful cures in every climate. Catarrh in its worst form can now be quickly relieved and positively eradicated in a short time by the most simple treatment possible. "5 DROPS" does not in any way interfere with the ordinary duties of life. The dose is small but the effect is sure. Not only is "5 DROPS" the greatest household remedy ever known, but it is also the cheapest. A dollar bottle contains 300 doses, and this will be sent by express prepaid to anyone sending \$1.00. The above offer is an opportunity which should be taken advantage of by every sufferer.

### The Matron of Honor.

The matron of honor, as a rival to the maid of honor, seems to have established herself pretty securely. At some of the weddings the two divide the honors between them, but one of the winter brides was attended, or preceded rather, by a matron of honor, without any maids at all. The introduction of the matron as an attendant for a bride has been welcomed by girls who have a single strong friendship. Hitherto the first one to marry has enjoyed having her friend as maid of honor, while the maid of honor, when she became herself a bride, was forced to be content with some less intimate acquaintance as an attendant. —Harper's Bazar.

It may be necessary to start a few more magazines to enable everybody to write their reminiscences of the war.

### Trust to Your Horse.

The horse possesses an acute power of scent and in many cases this sense has proven invaluable to the owner or driver, though hardly ever noticed at the time. It will be well for all who have occasion to drive at night and when they must trust largely to the horse for getting over the road safely to have him uncheckered, or at least loosely checked. If he has a free head he will not be likely to get off the road.

## After the Grip

Thousands of people say Hood's Sarsaparilla quickly restores the appetite, regulates the heart, vitalizes the blood, cures those sharp pains, dizziness, heavy head, that tired feeling. Hood's Sarsaparilla has marvelous power to expel all poisonous disease germs from the blood, and overcome the extreme weakness which is one of the peculiar effects of the grip. Get only

**Hood's Sarsaparilla**  
America's Greatest Medicine for the Grip.  
Hood's Pills cure all Liver Ills. 25 cents.

### Why Waste

good working hours in getting to St. Joseph or Kansas City when it is possible to shorten the journey by using St. Joseph & Grand Island night trains, which are equipped with Reclining Chair Cars (seats free) and Pullman Sleepers?

Sightseers of Victor Hugo's old home pay a franc in order to see one of the famous author's teeth. It is elegantly mounted in a plush-lined case, carefully covered with a crystal shade.

St. Jacobs Oil cures Rheumatism, St. Jacobs Oil "Neuralgia, St. Jacobs Oil "Lumbago, St. Jacobs Oil "Sciatica, St. Jacobs Oil "Sprains, St. Jacobs Oil "Bruises, St. Jacobs Oil "Soreness, St. Jacobs Oil "Stiffness, St. Jacobs Oil "Backache, St. Jacobs Oil "Muscular Aches.

E. F. Benson, of "Dodo" fame, is now in Egypt. He is writing a romance, the scenes of which are laid in Greece during the time of the war of independence.

### In Winter Use Allen's Foot-Ease.

A powder to be shaken in the shoes. During winter your feet feel uncomfortable, nervous and often cold and damp. If you have perspiring, smarting feet or tight shoes, try ALLEN'S FOOT-EASE. It warms and restores the feet and makes walking easy. Cures swollen and sweating feet, blisters and callosities. Relieves corns and bunions of all pains and is a certain cure for Chilblains and Frost bites. Try it today. Sold by all druggists and shoe stores for 25c. This package mailed FREE. Address Allen, S. Olmstead, Le Roy, N. Y.

### Tarred felt for Roofs.

Although tarred paper roofs are preferred for winter, yet they can be put on to advantage during the summer. They make the cheapest and best roofs if the work is well done. Fasten the felt (paper) in places and paint it with coal tar, using the hot tar, and throw enough sand on it to prevent the coal tar from running off. In three months thereafter give another coating of tar and sand, and then a coating once a year. Such a roof will last a lifetime.

900 DROPS

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Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

INFANTS & CHILDREN

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Recipe of DR. J. C. PITCHER

Pumpkin Seed -  
Almonds -  
Castor Oil -  
Syrup of Marshmallows -  
Syrup of Gum Arabic -  
Syrup of Gum Tragacanth -  
Syrup of Gum Resin -  
Syrup of Gum Myrror -

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

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J. C. Pitcher  
NEW YORK.

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35 DROPS - 35 CENTS

EXACT COPY OF WRAPPER.

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